VASUDEVA KRIYA YOGA MANDIR

TERM 4 2026 YOGA CLASSES - MELBOURNE TIME ZONE

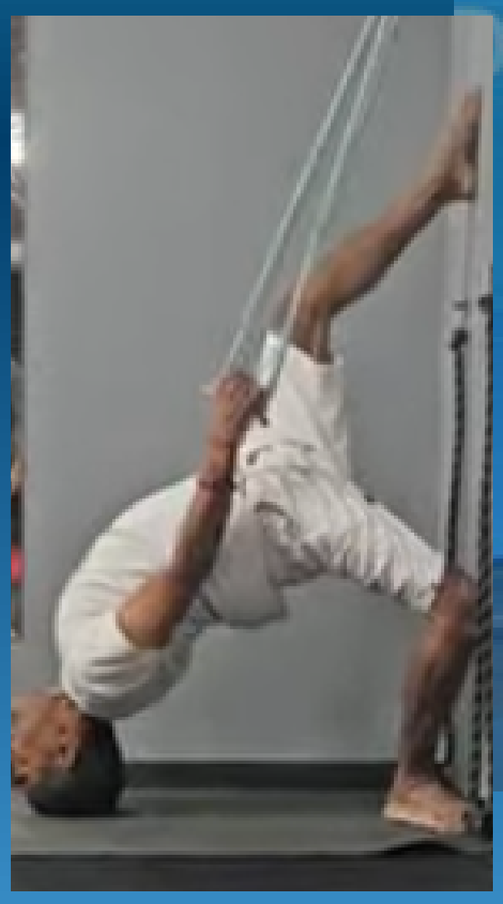
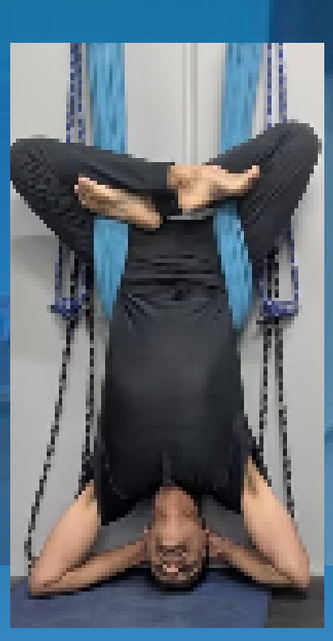
1/80 MILLS ROAD, BRAESIDE, VIC 3195 DR RAJENDRA JI 0410527904

VKY IS AIMING TO CREATE A HEALTHY FAMILY, HEALTHY COMMUNITY, AND A HEALTHY NATION FOR A HEALTHY WORLD
WE WELCOME PARTICIPANTS ACROSS THE WORLD TO JOIN THIS WELLNESS JOURNEY

Days	Timing (AEST)	Class | Teacher	Dates	Mode	Fee
Thu-Fri	6:00-7:00 AM	**Anga Jaya Intense Yoga for a healthy body | Guruji**	24 Sep-18 Dec 26	Face to Face	$15/class or $50/week
Mon-Wed	6:00-7:15 PM	**Yoga for All | Arvind / Suresh**	5 Oct-16 Dec 26	Face to Face	$15/class or $40 per week
Thu	6:30-7:30 PM	**Upanishad/Ask Me a Q | Guruji**	8 Oct-26 Nov 26	Face to Face & Online	Donation
Fri	6:00-7:30 PM	**Bhajan | Sumana**	9 Oct-18 Dec 26	Face to Face	Donation
Sat	7:30-9:00 AM	**Yoga for All | Deepa / Ashwini**	10 Oct-19 Dec 26	Face to Face	$120/term
Sat	5:00-6:00 PM	**Bhagavad Geeta | Guruji**	Jan-Dec '26	Face to Face & Online	Donation
Sun	7:00-9:00 AM	**Divinity in Yoga-Morning | Guruji**	11 Oct-20 Dec 26	Face to Face & Online	$140/term









Visit **www.vasudevakriyayoga.com** to learn more about VKY

VKY Publications	
Publication	Pricing
Divinity in Yoga	$35
Surya Namaskara	$20
Arise Awake & Realise	$25
Aim High Realise Great, Live	$25 ea
Life Sutra Vol 1-7	$5 ea
Special offer for complete set: $140	

Special Packages				
Day	Date	Class	Mode	Fee
Mon-Fri	Till Dec 2026	Unlimited online weekday morning e-Yoga	Online	$120
Mon-Fri	Till Dec 2026	Unlimited online weekday evening e-Yoga	Online	$120
Mon-Fri	Till Dec 2026	Unlimited online weekday morning and evening	Online	$180
Mon-Fri	Till Dec 2026	Unlimited F2F class including all publications (excluding Anga Jaya Intense Yoga)	Face to Face	$280
Mon-Fri	Till Dec 2026	Unlimited Anga Jaya Intense Yoga	Face to Face	$350
Starter Package: All VKY books plus Tee Shirt $150				

Donation → Vasudeva Kriya Mandir Ltd | BSB: 193-879 | A/C : 400463258
Fees → Vasudevakriyayoga | BSB : 013479 | A/C : 901654618

Vasudevakriyayoga